

# BRUNCH MENU

**CHILLI AVO TOAST (D)**  
With chilli flakes, salt & olive oil  
5<sup>90</sup>

**SCRAMBLED & CHORIZO**  
Scrambled eggs & chorizo  
8<sup>20</sup>

**FRENCH TOAST**  
Flamed berries in Muscatel, maple syrup & cream  
8<sup>90</sup>

**FENNEL QUINDA SALAD (D,G)**  
Saffron pickled fennel, cherry tomatoes & orange  
7<sup>90</sup>

**SALT COD CROQUETTES**  
Served with homemade lemon mayo  
6<sup>50</sup>

**FLAMED CHORIZO**  
Chorizo (G) or Smoked black pig (S,G)  
8<sup>50</sup>

**FRIED SQUIDS (S)**  
Fried squids served with garlic & lemon mayo  
8<sup>90</sup>

**PICADINHO**  
A Madeira classic, diced flat iron steak with house sauce, fries, sliced tomato & olives  
11<sup>90</sup> / 19<sup>90</sup>

**BACON & EGG ROLL**  
Stricky bacon, fried egg & brown sauce  
5<sup>90</sup>

**PRESUNTO BAKED EGGS**  
Chorizo, potato, cheese & tomato  
8<sup>20</sup>

**FLAT IRON EGGS (G,D)**  
Flat iron steak, mash, spinach & poached egg  
10<sup>50</sup>

**SPICY BEAN STEW (S,G,D)**  
Red beans in spicy tomato sauce, & garlic bread  
5<sup>90</sup>

**CHICKEN & BACON CROQUETTES**  
Served with homemade mustard mayo  
5<sup>90</sup>

**ALHEIRA** Portugal's best sausage  
Grilled soft game sausage & soft egg yolk  
8<sup>50</sup>

**OCTOPUS ESCABECHE (G,D)**  
Baby octopus cured in escabeche vinagrette  
8<sup>90</sup>

**EGGS BENEDICT**  
Presunto or streaky bacon or smoked salmon  
8<sup>20</sup>

**CACO HALLO EGGS**  
Poached eggs, Hallumi, avocado & hollandaise sauce  
9<sup>50</sup>

**CANJINHA SOUP (D)**  
Cup of light chicken broth  
3<sup>90</sup>

**POTATO SALAD (G)**  
Lemon juice, fennel, parsley, garlic lemon mayo  
4<sup>90</sup>

**MEAT CROQUETTES**  
Served with homemade chilli mayo  
5<sup>90</sup>

**ICEBERG CHICKEN WRAPS**  
Corn fed chicken, avo & sauces on iceberg wraps  
8<sup>50</sup>

**CLAMS 'Bulhao Pato' (G,D)**  
White clams in white wine, garlic & coriander  
8<sup>50</sup>

**SEARED TUNA (D,G)**  
Braised Tuna loin, herbs, chilli & passionfruit mayo  
9<sup>90</sup>

**EGGS ON CHILLI AVO (D)**  
Poached eggs, chilli avo on toast  
7<sup>90</sup>

**BUTTERMILK PANCAKES**  
Caramelised banana and streaky bacon  
8<sup>90</sup>

**HOT TOMATO SOUP (G)**  
Creamy tomato & poached egg  
4<sup>90</sup>

**SWEET POTATO HUMMUS**  
Sweet potato, chickpeas, cacao bread & peri sauce  
4<sup>90</sup>

**PULLED PIGLET CROQUETTES**  
Served with homemade yogurt sauce  
6<sup>90</sup>

**CHORIZO MEATBALLS (G)**  
Chorizo, meat, bacon, medjool, tomato & peppers  
8<sup>90</sup>

**CHILLI PRAWNS (S,D)**  
Pan fried prawns in garlic, butter & sweet chilli  
9<sup>90</sup>

**BACALHAU COM NATAS**  
Salt cod baked pie in potatoes & cream  
9<sup>90</sup>

## TABUAS

large platters

**PRESUNTO TABUA (D)**  
Cured ham from black pig Alentejano  
9<sup>00</sup>

**IBERIAN TABUA**  
Presunto, smoked paio, cured salchichao, flamenco cheese, soft sheep cheese, pickles, pumpkim jam, sugarcane honey, olives, rocket & cacao toast  
14<sup>90</sup>

**CACO TABUA**  
Smoked salmon, mustard seeds, fresh dill, orange segments, yogurt, served with a boiled egg and your own grater & cacao toast  
14<sup>90</sup>

**SEAFOOD TABUA**  
Fried soft crab, squids, prawns, baby octopus vinagrette salad, green beans, garlic lemon mayo, chilli mayo  
19<sup>90</sup>

## PREGOS & BURGERS

House Speciality

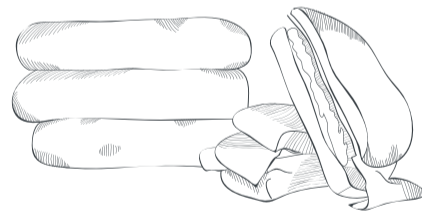
**SIRLOIN STEAK PREGO**  
Cheese & sweet onions or ham, cheese, egg & salad  
10<sup>00</sup> / 12<sup>00</sup>

**SALT BEEF PREGO**  
Slow cooked salt beef, sliced gerkins & mustard  
9<sup>90</sup>

**BLACK PIG PORK BELLY PREGO (D)**  
Caramilised black pig belly, apple puree & rocket  
9<sup>90</sup>

**POULTRY PREGO**  
Corn fed chicken, crispy bacon, lettuce & mayo  
9<sup>90</sup>

**STEAK BURGER PREGO**  
Steak, cheese, crispy streaky bacon & burger sauce  
11<sup>00</sup>



**SOFT CRAB PREGO**  
Soft crab, apricot chutney, rocket & chilli mayo  
12<sup>00</sup>

**AZORES TUNA PREGO**  
Tuna steak, watercress & passionfruit mayo  
11<sup>00</sup>

**SALMON FILLET PREGO**  
Scottish salmon fillet, rocket & hollandaise sauce  
9<sup>90</sup>

**GOATS CHEESE PREGO (N,V)**  
Goats cheese, sundried tomato, pesto, rocket & blaze  
9<sup>90</sup>

**HALLOUMI PREGO (V)**  
Grilled with avocado, peppers & courgettes  
9<sup>90</sup>

## MAINS

**FRANCESINHA (S,D)** 'the world's best sandwich'  
Sirloin steak, linguica sausage, ham, cheese and egg on Caco served with spicy sauce & chips  
16<sup>90</sup>

**CARNE PORCO ALENTEJANA (D)**  
Diced pork meat, white clams, potatoes garnished with pickles & coriander  
16<sup>50</sup>

**SIRLOIN STEAK (G)**  
Sirloin steak medium-rare, new potatoes, garnished with olive oil, salt, garlic & bay leaves  
19<sup>50</sup>

**BABY PERI PERI CHICKEN (S)**  
Whole roasted corn-fed poussin yellow chicken peri-peri sauce & fries  
18<sup>50</sup>

**AZORES TUNA STEAK (G,D)**  
Braised medium rare, watercress, new potatoes & garlic butter  
17<sup>50</sup>

**BACALHAU A BRÁS (G,D)**  
Salty dry cod, pala-pala crisps, onions, poached egg with olives & herbs  
16<sup>50</sup>

**ESPARGETTE DA TERRA (N)**  
Spaghetti, green beans, courgette, butternut squash, sundried tomatoes, pesto, rocket & cheese  
13<sup>90</sup>

**SUPER FOOD SALAD**  
Mixed leaves, quinoa, almond, cucumber, cherry tomato, butternut, avocado, beans, olive oil & glaze  
9<sup>90</sup>

### ALLERGENS

(N) \_\_\_\_\_ Contains nut ingredients  
(G) \_\_\_\_\_ Low gluten  
(D) \_\_\_\_\_ Dairy free  
(S) \_\_\_\_\_ Spicy

POTATO FRIES  
SWEET POTATO FRIES  
MILHO FRITO FRIED POLENTA  
GREEN SALAD

### SIDES

4<sup>00</sup> STREAKY BACON  
4<sup>00</sup> SMOKED SALMON  
4<sup>00</sup> GRILLED HALLOUMI CHEESE  
4<sup>00</sup> MASHED AVOCADO

Add any extra for

Grilled chicken 2<sup>00</sup>  
Smoked salmon 2<sup>00</sup>  
Braised tuna steak 4<sup>00</sup>  
Streaky bacon 1<sup>50</sup>  
Grilled halloumi 2<sup>50</sup>  
Goat's cheese 2<sup>00</sup>  
Boiled egg 1<sup>50</sup>

Some dishes are made without nuts but may contain traces. If you have any food allergies or intolerances please let us know. A discretionary service charge of 10% will be added to your bill and the full amount is shared by our team.